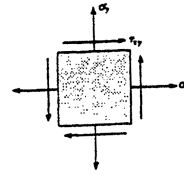


14-1. A material is subjected to a general state of plane stress. Express the strain energy density in terms of the elastic constants  $E$ ,  $G$ , and  $\nu$  and the stress components  $\sigma_x$ ,  $\sigma_y$ , and  $\tau_{xy}$ .



**Strain Energy Due to Normal Stresses :** We will consider the application of normal stresses on the element in two successive stages. For the first stage, we apply only  $\sigma_x$  on the element. Since  $\sigma_x$  is a constant, from Eq. 14-8, we have

$$(U_i)_1 = \int_V \frac{\sigma_x^2}{2E} dV = \frac{\sigma_x^2 V}{2E}$$

When  $\sigma_y$  is applied in the second stage, the normal strain  $\epsilon_x$  will be strained by  $\epsilon_x' = -\nu\epsilon_y = -\frac{\nu\sigma_y}{E}$ . Therefore, the strain energy for the second stage is

$$\begin{aligned} (U_i)_2 &= \int_V \left( \frac{\sigma_x^2}{2E} + \sigma_x \epsilon_x' \right) dV \\ &= \int_V \left[ \frac{\sigma_x^2}{2E} + \sigma_x \left( -\frac{\nu\sigma_y}{E} \right) \right] dV \end{aligned}$$

Since  $\sigma_x$  and  $\sigma_y$  are constants,

$$(U_i)_2 = \frac{V}{2E} (\sigma_x^2 - 2\nu\sigma_x\sigma_y)$$

**Strain Energy Due to Shear Stress :** The application of  $\tau_{xy}$  does not strain the element in normal direction. Thus, from Eq. 14-11, we have

$$(U_i)_3 = \int_V \frac{\tau_{xy}^2}{2G} dV = \frac{\tau_{xy}^2 V}{2G}$$

The total strain energy is

$$\begin{aligned} U_i &= (U_i)_1 + (U_i)_2 + (U_i)_3 \\ &= \frac{\sigma_x^2 V}{2E} + \frac{V}{2E} (\sigma_x^2 - 2\nu\sigma_x\sigma_y) + \frac{\tau_{xy}^2 V}{2G} \\ &= \frac{V}{2E} (\sigma_x^2 + \sigma_y^2 - 2\nu\sigma_x\sigma_y) + \frac{\tau_{xy}^2 V}{2G} \end{aligned}$$

and the strain energy density is

$$\frac{U_i}{V} = \frac{1}{2E} (\sigma_x^2 + \sigma_y^2 - 2\nu\sigma_x\sigma_y) + \frac{\tau_{xy}^2}{2G} \quad \text{Ans}$$

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**14-2** The strain-energy density must be the same whether the state of stress is represented by  $\sigma_x$ ,  $\sigma_y$ , and  $\tau_{xy}$ , or by the principal stresses  $\sigma_1$  and  $\sigma_2$ . This being the case, equate the strain-energy expressions for each of these two cases and show that  $G = E/[2(1 + \nu)]$ .

$$U = \int_V \left[ \frac{1}{2E} (\sigma_x^2 + \sigma_y^2) - \frac{\nu}{E} \sigma_x \sigma_y + \frac{1}{2G} \tau_{xy}^2 \right] dV$$

$$U = \int_V \left[ \frac{1}{2E} (\sigma_1^2 + \sigma_2^2) - \frac{\nu}{E} \sigma_1 \sigma_2 \right] dV$$

Equating the above two equations yields.

$$\frac{1}{2E} (\sigma_x^2 + \sigma_y^2) - \frac{\nu}{E} \sigma_x \sigma_y + \frac{1}{2G} \tau_{xy}^2 = \frac{1}{2E} (\sigma_1^2 + \sigma_2^2) - \frac{\nu}{E} \sigma_1 \sigma_2 \quad (1)$$

$$\text{However, } \sigma_{1,2} = \frac{\sigma_x + \sigma_y}{2} \pm \sqrt{\left(\frac{\sigma_x - \sigma_y}{2}\right)^2 + \tau_{xy}^2}$$

$$\text{Thus, } (\sigma_1^2 + \sigma_2^2) = \sigma_x^2 + \sigma_y^2 + 2\tau_{xy}^2$$

$$\sigma_1 \sigma_2 = \sigma_x \sigma_y - \tau_{xy}^2$$

Substitute into Eq.(1)

$$\frac{1}{2E} (\sigma_x^2 + \sigma_y^2) - \frac{\nu}{E} \sigma_x \sigma_y + \frac{1}{2G} \tau_{xy}^2 = \frac{1}{2E} (\sigma_x^2 + \sigma_y^2 + 2\tau_{xy}^2) - \frac{\nu}{E} \sigma_x \sigma_y + \frac{\nu}{E} \tau_{xy}^2$$

$$\frac{1}{2G} \tau_{xy}^2 = \frac{\tau_{xy}^2}{E} + \frac{\nu}{E} \tau_{xy}^2$$

$$\frac{1}{2G} = \frac{1}{E} + \frac{\nu}{E}$$

$$\frac{1}{2G} = \frac{1}{E} (1 + \nu)$$

$$G = \frac{E}{2(1 + \nu)} \quad \text{QED}$$

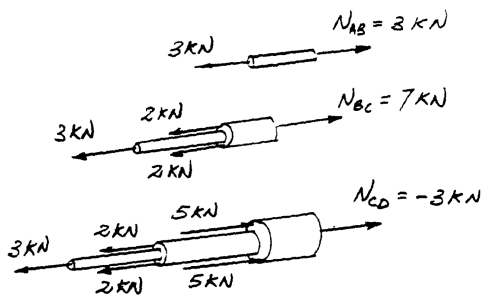
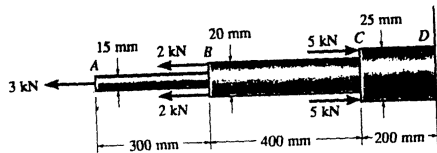
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14-3 Determine the strain energy in the rod assembly. Portion  $AB$  is steel,  $BC$  is brass, and  $CD$  is aluminum.  $E_{st} = 200 \text{ GPa}$ ,  $E_{br} = 101 \text{ GPa}$ ,  $E_{al} = 73.1 \text{ GPa}$ .



$$\begin{aligned}
 U_i &= \sum \frac{N^2 L}{2 A E} \\
 &= \frac{[3 (10^3)]^2 (0.3)}{2 \left(\frac{\pi}{4}\right)(0.015^2)(200)(10^9)} + \frac{[7 (10^3)]^2 (0.4)}{2 \left(\frac{\pi}{4}\right)(0.02^2)(101)(10^9)} + \frac{[-3 (10^3)]^2 (0.2)}{2 \left(\frac{\pi}{4}\right)(0.025^2)(73.1)(10^9)} \\
 &= 0.372 \text{ N.m} = 0.372 \text{ J} \quad \text{Ans}
 \end{aligned}$$

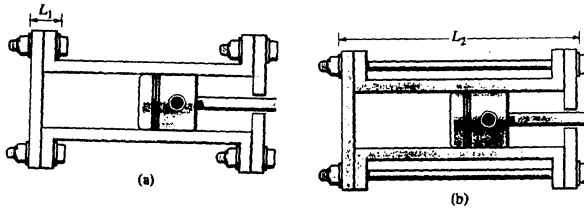
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**\*14-4** Using bolts of the same material and cross-sectional area, two possible attachments for a cylinder head are shown. Compare the strain energy developed in each case, and then explain which design is better for resisting an axial shock or impact load.



Case (a)

$$U_A = \frac{N^2 L_1}{2AE}$$

Case (b)

$$U_B = \frac{N^2 L_2}{2AE}$$

Since  $U_B > U_A$  , i.e.,  $L_2 > L_1$  the design for case (b) is better able to absorb energy.

Case (b) **Ans**

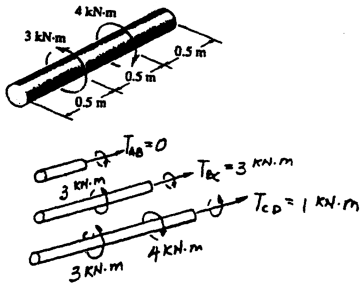
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14-5. Determine the torsional strain energy in the A-36 steel shaft. The shaft has a radius of 30 mm.



$$\begin{aligned}
 U_i &= \sum \frac{T^2 L}{2JG} = \frac{1}{2JG} [0^2(0.5) + ((3)(10^3))^2(0.5) + ((1)(10^3))^2(0.5)] \\
 &= \frac{2.5(10^6)}{JG} \\
 &= \frac{2.5(10^6)}{75(10^9)(\frac{\pi}{4})(0.03)^4} = 26.2 \text{ N}\cdot\text{m} = 26.2 \text{ J} \quad \text{Ans}
 \end{aligned}$$

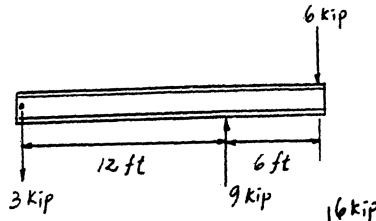
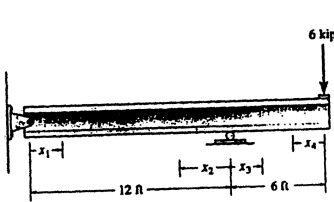
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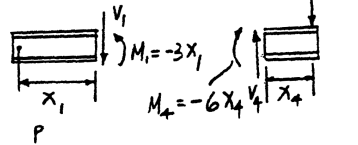
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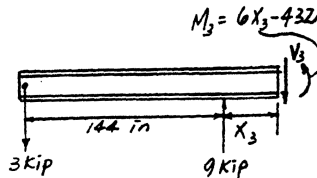
14-6. Determine the bending strain energy in the A-36 structural steel  $W10 \times 12$  beam. Obtain the answer using the coordinates (a)  $x_1$  and  $x_4$ , and (b)  $x_2$  and  $x_3$ .



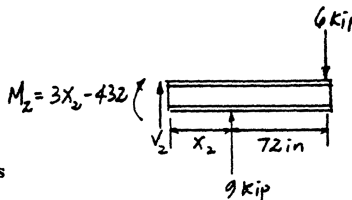
$$\begin{aligned}
 \text{a) } U_i &= \int_0^L \frac{M^2 dx}{2EI} \\
 &= \int_0^{144} \frac{(-3x_1)^2 dx_1}{2EI} + \int_0^{72} \frac{(-6x_4)^2 dx_4}{2EI} \\
 &= \frac{9}{2EI} \frac{144^3}{3} + \frac{36}{2EI} \frac{72^3}{3} \\
 &= \frac{6718464}{29} = 4306 \text{ lb}\cdot\text{in.} \quad \text{Ans}
 \end{aligned}$$



$$\begin{aligned}
 \text{b) } M_3 &= 6x_3 - 432 \\
 M_2 &= 9x_2 - 6(x_2 + 72) = 3x_2 - 432
 \end{aligned}$$

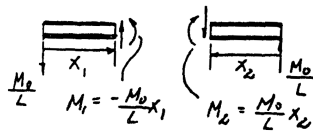
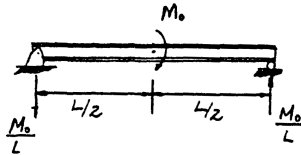
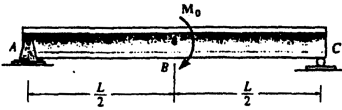


$$\begin{aligned}
 U_i &= \int_0^{144} \frac{(3x_2 - 432)^2 dx_2}{2EI} + \int_0^{72} \frac{(6x_3 - 432)^2 dx_3}{2EI} \\
 &= \int_0^{144} \frac{(9x_2^2 - 2592x_2 + 186624) dx_2}{2EI} + \int_0^{72} \frac{(36x_3^2 - 5184x_3 + 186624) dx_3}{2EI} \\
 &= \frac{1}{2EI} \left[ 3(144)^3 - \frac{2592}{2}(144)^2 + 186624(144) \right. \\
 &\quad \left. + 12(72)^3 - \frac{5184}{2}(72)^2 + 186624(72) \right] \\
 &= \frac{6718464}{29} = 4306 \text{ lb}\cdot\text{in.} \quad \text{Ans}
 \end{aligned}$$



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14-7. Determine the bending strain energy in the beam due to the loading shown.  $EI$  is constant.



$$\begin{aligned}
 U_i &= \int_0^L \frac{M^2 dx}{2EI} \\
 &= \frac{1}{2EI} \left[ \int_0^{L/2} \left( \frac{-M_0}{L} x_1 \right)^2 dx_1 + \int_0^{L/2} \left( \frac{M_0}{L} x_2 \right)^2 dx_2 \right] \\
 &= \frac{M_0^2 L}{24EI} \quad \text{Ans}
 \end{aligned}$$

Note : Strain energy is always positive regardless of the sign of the moment function.

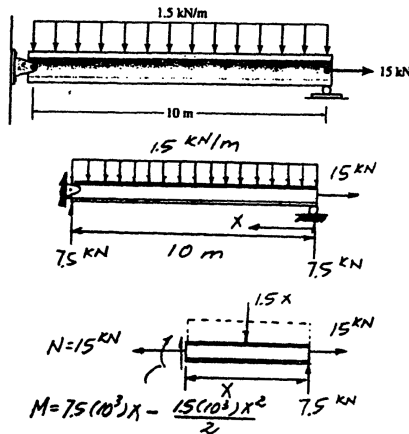
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**\*14-8.** Determine the total axial and bending strain energy in the A-36 steel beam.  $A = 2300 \text{ mm}^2$ ,  $I = 9.5(10^6) \text{ mm}^4$ ,



Axial load :

$$(U_a)_i = \int_0^L \frac{N^2 dx}{2EA} = \frac{N^2 L}{2EA}$$

$$(U_a)_i = \frac{((15)(10^3))^2 (10)}{2(200)(10^9)(2.3)(10^{-3})} = 2.4456 \text{ J}$$

Bending :

$$(U_b)_i = \int_0^L \frac{M^2 dx}{2EI} = \frac{1}{2EI} \int_0^{10} [(7.5)(10^3)x - 0.75(10^3)x^2]^2 dx$$

$$= \frac{1}{2EI} \int_0^{10} [56.25(10^6)x^2 + 562.5(10^3)x^4 - 11.25(10^6)x^3] dx$$

$$(U_b)_i = \frac{0.9375(10^9)}{200(10^9)(9.5)(10^{-6})} = 493.4210 \text{ J}$$

$$U_i = (U_a)_i + (U_b)_i = 2.4456 + 493.4210 = 496 \text{ J} \quad \text{Ans}$$

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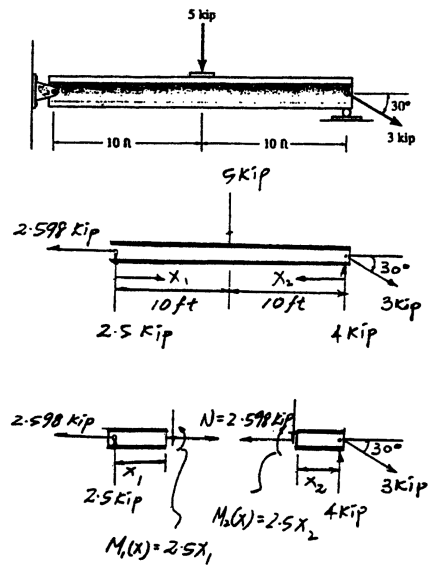
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14-9. Determine the total axial and bending strain energy in the A-36 structural steel W8 × 58 beam.



Axial load :

$$\begin{aligned}
 (U_a)_i &= \int_0^L \frac{N^2 dx}{2AE} = \frac{N^2 L}{2AE} \\
 &= \frac{[2.598]^2 (20)(12)}{2(17.1)(29)(10^3)} = 1.6334 (10^{-3}) \text{ in} \cdot \text{kip} \\
 &= 0.1361 (10^{-3}) \text{ ft} \cdot \text{kip}
 \end{aligned}$$

Bending :

$$\begin{aligned}
 (U_b)_i &= \int_0^L \frac{M^2 dx}{2EI} = \frac{2}{2EI} \int_0^{120 \text{ in.}} (2.5x)^2 dx \\
 &= \frac{3.6 (10^6)}{EI} = \frac{3.6 (10^6)}{29 (10^3)(228)} \\
 &= 0.5446 \text{ in} \cdot \text{kip} = 0.04537 \text{ ft} \cdot \text{kip}
 \end{aligned}$$

Total strain energy :

$$\begin{aligned}
 U_i &= (U_a)_i + (U_b)_i \\
 &= 0.1361 (10^{-3}) + 0.04537 \\
 &= 0.0455 \text{ ft} \cdot \text{kip} = 45.5 \text{ ft} \cdot \text{lb} \quad \text{Ans}
 \end{aligned}$$

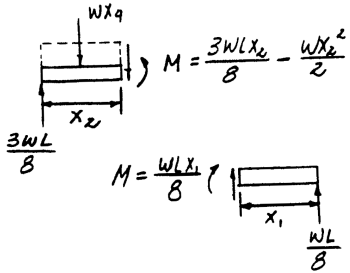
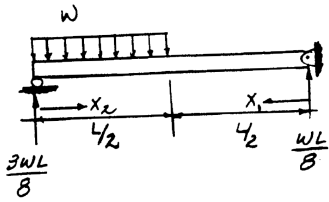
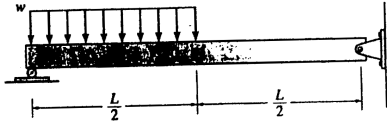
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14-10 The simply supported beam is subjected to the loading shown. Determine the bending strain energy in the beam.



$$\begin{aligned}
 U_i &= \int_0^L \frac{M^2 dx}{2EI} = \frac{1}{2EI} \left[ \int_0^{L/2} \left( \frac{3wLx_2}{8} - \frac{wx_2^2}{2} \right)^2 dx_2 + \int_0^{L/2} \left( \frac{wLx_1}{8} \right)^2 dx_1 \right] \\
 &= \frac{1}{2EI} \left[ \int_0^{L/2} \left( \frac{9w^2L^2x_2^2}{64} + \frac{w^2x_2^4}{4} - \frac{3w^2Lx_2^3}{8} \right) dx_2 + \int_0^{L/2} \frac{w^2L^2x_1^2}{64} dx_1 \right] \\
 &= \frac{0.00111w^2L^5}{EI} \quad \text{Ans}
 \end{aligned}$$

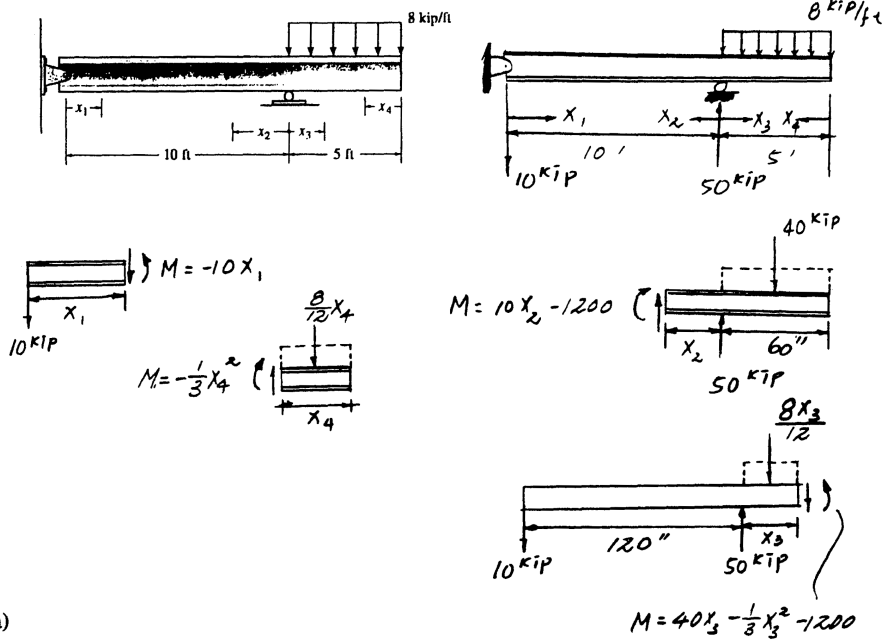
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14-11 Determine the bending strain energy in the A-36 steel beam due to the loading shown. Obtain the answer using the coordinates (a)  $x_1$  and  $x_4$ , and (b)  $x_2$  and  $x_3$ .  $I = 53.8 \text{ in}^4$ .



a)

$$U_i = \int_0^L \frac{M^2 dx}{2EI} = \frac{1}{2EI} \left[ \int_0^{120 \text{ in.}} (-10x_1)^2 dx_1 + \int_0^{60 \text{ in.}} \left(-\frac{1}{3}x_4^2\right)^2 dx_4 \right]$$

$$= \frac{37.44(10^6)}{EI} = \frac{37.44(10^6)}{29(10^3)(53.8)} = 24.00 \text{ in.} \cdot \text{kip} = 2.00 \text{ ft} \cdot \text{kip} \quad \text{Ans}$$

b)

$$U_i = \int_0^L \frac{M^2 dx}{2EI} = \frac{1}{2EI} \left[ \int_0^{60 \text{ in.}} (40x_3 - \frac{1}{3}x_3^2 - 1200)^2 dx_3 + \int_0^{120 \text{ in.}} (10x_2 - 1200)^2 dx_2 \right]$$

$$= \frac{1}{2EI} \left[ \int_0^{60 \text{ in.}} \left( \frac{1}{9}x_3^4 - \frac{80}{3}x_3^3 + 2400x_3^2 - 96000x_3 + 1440000 \right) dx_3 + \int_0^{120 \text{ in.}} (100x_2^2 - 24000x_2 + 1440000) dx_2 \right]$$

$$= \frac{37.44(10^6)}{EI} = \frac{37.44(10^6)}{29(10^3)(53.8)} = 24.00 \text{ in.} \cdot \text{kip} = 2.00 \text{ ft} \cdot \text{kip} \quad \text{Ans}$$

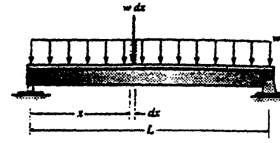
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\*14-12. Determine the bending strain energy in the simply supported beam due to a uniform load  $w$ . Solve the problem two ways. (a) Apply Eq. 14-17. (b) The load  $w dx$  acting on the segment  $dx$  of the beam is displaced a distance  $y$ , where  $y = w(-x^4 + 2Lx^3 - L^3x)/(24EI)$ , the equation of the elastic curve. Hence the internal strain energy in the differential segment  $dx$  of the beam is equal to the external work, i.e.,  $dU_i = \frac{1}{2}(w dx)(-y)$ . Integrate this equation to obtain the total strain energy in the beam.  $EI$  is constant.



**Support Reactions :** As shown on FBD(a).

**Internal Moment Function :** As shown on FBD(b).

**Bending Strain Energy :** a) Applying Eq. 14-17 gives

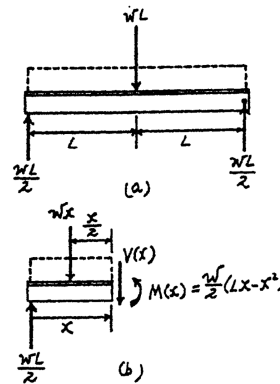
$$\begin{aligned}
 U_i &= \int_0^L \frac{M^2 dx}{2EI} \\
 &= \frac{1}{2EI} \left[ \int_0^L \left[ \frac{w}{2} (Lx - x^2) \right]^2 dx \right] \\
 &= \frac{w^2}{8EI} \left[ \int_0^L (L^2x^2 + x^4 - 2Lx^3) dx \right] \\
 &= \frac{w^2 L^3}{240EI} \quad \text{Ans}
 \end{aligned}$$

b) Integrating  $dU_i = \frac{1}{2}(w dx)(-y)$

$$dU_i = \frac{1}{2}(w dx) \left[ -\frac{w}{24EI} (-x^4 + 2Lx^3 - L^3x) \right]$$

$$dU_i = \frac{w^2}{48EI} (x^4 - 2Lx^3 + L^3x) dx$$

$$\begin{aligned}
 U_i &= \frac{w^2}{48EI} \int_0^L (x^4 - 2Lx^3 + L^3x) dx \\
 &= \frac{w^2 L^3}{240EI} \quad \text{Ans}
 \end{aligned}$$



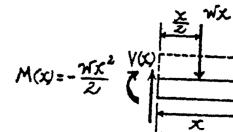
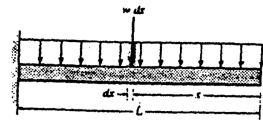
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\* 14-13. Determine the bending strain energy in the cantilevered beam due to a uniform load  $w$ . Solve the problem two ways. (a) Apply Eq. 14-17. (b) The load  $w dx$  acting on a segment  $dx$  of the beam is displaced a distance  $y$ , where  $y = w(-x^4 + 4L^3x - 3L^4)/(24EI)$ , the equation of the elastic curve. Hence the internal strain energy in the differential segment  $dx$  of the beam is equal to the external work, i.e.,  $dU_i = \frac{1}{2}(w dx)(-y)$ . Integrate this equation to obtain the total strain energy in the beam.  $EI$  is constant.



**Internal Moment Function :** As shown on FBD.

**Bending Strain Energy :** a) Applying Eq. 14-17 gives

$$\begin{aligned}
 U_i &= \int_0^L \frac{M^2 dx}{2EI} \\
 &= \frac{1}{2EI} \left[ \int_0^L \left[ -\frac{w}{2}x^2 \right]^2 dx \right] \\
 &= \frac{w^2}{8EI} \left[ \int_0^L x^4 dx \right] \\
 &= \frac{w^2 L^5}{40EI}
 \end{aligned}$$

**Ans**

b) Integrating  $dU_i = \frac{1}{2}(w dx)(-y)$

$$\begin{aligned}
 dU_i &= \frac{1}{2}(w dx) \left[ -\frac{w}{24EI}(-x^4 + 4L^3x - 3L^4) \right] \\
 dU_i &= \frac{w^2}{48EI} (x^4 - 4L^3x + 3L^4) dx \\
 U_i &= \frac{w^2}{48EI} \int_0^L (x^4 - 4L^3x + 3L^4) dx \\
 &= \frac{w^2 L^5}{40EI}
 \end{aligned}$$

**Ans**

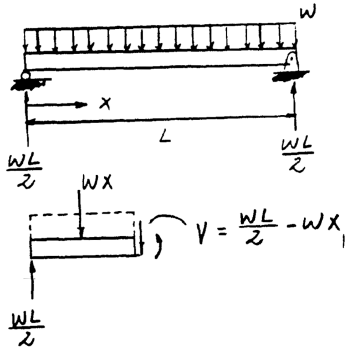
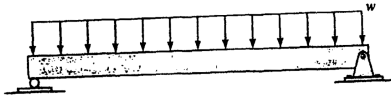
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14-14 Determine the shear strain energy in the beam. The beam has a rectangular cross section of area  $A$ , and the shear modulus is  $G$ .



$$\begin{aligned}
 U_i &= \int_0^L \frac{f_s V^2 dx}{2GA} = \frac{f_s}{2GA} \int_0^L \left( \frac{wL}{2} - wx \right)^2 dx \\
 &= \frac{f_s}{2GA} \int_0^L \left( \frac{w^2 L^2}{4} + w^2 x^2 - w^2 Lx \right) dx \\
 &= \frac{f_s w^2 L^3}{24GA}
 \end{aligned}$$

For a rectangular section  $f_s = \frac{6}{5}$

$$U_i = \frac{w^2 L^3}{20GA} \quad \text{Ans}$$

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